



BrainBites Lunch and Learn Series

60-90 minute Group Discussion Facilitated Event

Does your organization have a strategic plan to address the gaps between employee skills and organizational results?

Incorporating **Soft Skills** training is one step in the right direction. What are Soft Skills?

□ **Soft skills** are essentially people skills – the non-technical, intangible, personality-specific skills that determine your strengths as a leader, listener, negotiator, and conflict mediator.

□ **Soft skills** include communicating, conflict management, human relations, making presentations, negotiating, team building, and other such ability, defined in terms of expected outcomes and not as a specific method or technique such as statistical analysis.

□ Research shows that the most valued **soft skills** that employers request from their employees include communications (both verbal and written), interpersonal, teamwork, problem-solving, time-management, analytical, and adaptability.

The advantage of this skills training is that **Soft skills** can be viewed as transferable; you can take them with you to any job you hold in the organization. Being proactive and implementing a strategy to bridge the gap between thinking style, skill ability and “mindset” will improve the visionary practice of taking your organization to the next level; resulting in employee retention, and improved team production.

Introduction

Explore the components of Whole Brain Model and learn its importance and applications.

Coaching and Mentoring

Use Whole Brain learning and the G.R.O.W. model to create a coaching and mentoring culture.

Effective Communication

Learn how to apply the Whole Brain Model to communicate effectively using your own and other’s natural thinking preferences.

Effective Meetings

Create more effective meetings and presentations by incorporating the Whole Brain Model and the POINT model.

Employee Engagement

Engage your employees by implementing a culture of Whole Brain leadership.

Feedback

Use the four quadrants of the Whole Brain Model to improve the feedback that you give and receive.

High Performing Teams

Examine the differences between work groups and high performing teams. Discover the five success factors to tap into each team member's potential and create a high performing team.

Leadership Essentials

Reduce fatal flaws and become a thought leader using Whole Brain leadership.

Leading Up

Apply the five step process to lead up and influence others.

Mindset/Bias Assumptions

Understand and change your biases and assumptions by examining them from the Whole Brain Model perspective.

Motivation

Examine how to motivate yourself and others through the Whole Brain Model lens.

Time Management

Shape your time management philosophy according to your dominant thinking preferences.

Work Life Balance

Transform your thinking and retrain your brain using four techniques.

